

List of Behavioral Traits (aka Personality Traits)

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Directions: Review the list below and select those traits that are MOST descriptive of you – those items that best describe how you operate or function as a human being.

Traits	Description
Achievement oriented	You constantly strive to accomplish goals and objectives.
Adaptable/Flexible	You can easily adjust to new routines, systems, situations, procedures and people.
Ambitious	You are dedicated to climbing the corporate ladder.
Analytical	You use facts, data and logic when making decisions.
Calm	You are able to maintain composure during stressful times or in emergency situations.
Conventional thinker	You usually follow traditional, standard methods of behavior and beliefs.
Cooperative	You are willing to work with and help others whenever possible or necessary.
Delegate minded	You are willing and capable of assigning work tasks to subordinates.
Dependable	You can always be counted on to get the work done.
Detail oriented	You can easily spot minute details in written materials, pictures, graphics, etc.
Diplomatic	You are skilled at dealing with sensitive matters without offending others.
Direct	You are capable of dealing honestly and openly with others, regardless of the subject matter.
Extrovert	You are outgoing, sociable and prefer to work with people.
Fast paced/high energy	You prefer to work quickly and at a high level of energy.
Independent	You prefer working alone, following your own lead and setting your own direction.

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Innovative	You are skilled at creating new products, services or ways of doing things.
Introvert	You are reserved, shy and prefer to work by yourself.
Intuitive	You have a strong internal sense of what's right without relying on facts or data.
Leader	You are willing and capable of taking charge and leading others.
Moralistic	You prefer to follow conventional, traditional beliefs that are accepted by most people.
People oriented	You are sensitive and responsive to the needs of others.
Persuasive	You can easily persuade other people to agree with your line of thinking.
Open minded	You are willing to consider ideas, beliefs and practices different from your own.
Persistent	You rarely give up until you've succeeded at your work.
Proactive	You instinctively anticipate what might or should happen and usually act earlier than others.
Reactive	You prefer to wait until things happen before you decide how to react.
Risk taker	You are willing to take chances even when the odds are against you.
Routine oriented	You prefer work that rarely ever changes.
Stress tolerant	You are capable of handling stressful situations without it affecting you negatively.
Team player	You are willing and capable of working with a group of others to reach a common goal.